

**The Community Participation program includes client preferences from a mix of “My Choice” activities:**

Physical fitness

Music and the Arts

Outdoor Adventures

Cooking and Eating

Structured Learning

Skills Development

Leisure and Recreation

Social Interaction

Community Engagement

Other Activities of Your Choice

**And support for daily routines as required to meet individual needs:**

Meal times

Medication

Personal Care

Daily Communication

**BUILDING A SUSTAINABLE  
COMMUNITY OF LEARNING,  
ENJOYMENT AND SUPPORT FOR  
PEOPLE WITH AN INTELLECTUAL  
DISABILITY.**

## Enrolling in Community Participation

Interested in enrolling in the Community Participation program at Minimbah?

Expect to be allocated Community Participation funding from Ageing, Disability and Home Care?

You can inquire about a place at Minimbah by contacting the Development Coordinator on 02 9887 2299.

The Development Coordinator will arrange for you to visit Minimbah and meet with staff and will also assist with your application.



**Minimbah Challenge Inc.**  
10 Vincentia St  
Marsfield NSW 2122  
PO Box 1653 North Ryde 2113

Phone: 02 9887 2299  
Fax: 02 9878 4564  
E-mail: [admin@minimbah.org.au](mailto:admin@minimbah.org.au)  
ABN 11 850 625 970  
CFN 21669



# Minimbah

## Community Participation



**A community participation  
service for adults with an  
intellectual disability.**

## About Minimbah

Minimbah provides quality services to adults with disabilities, catering for service users who have intellectual disabilities and related support needs.

Minimbah seeks to provide every client with a quality program conducted in a safe and cheerful environment.

Minimbah has achieved 3rd party quality verification, establishing that we fully meet the requirements of the NSW Disability Service Standards.

Our commitments are to:

- **Clients** – We offer you learning, challenge, fun and friendship with help to join in.
- **Families** – Our programs and activities are flexibly designed to support you as a carer, as well as to meet the needs of your family member.
- **Professional carers** – We will work with you as partners in care to support our mutual clients.



## Community Participation at Minimbah

**Community Participation is a community and centre based program with regular community access for school leavers and young adults.**

The program operates Monday to Friday for 48 weeks each year. The number of days of attendance each week depend on the level of funding received. Hours are flexible, with most clients attending between 9am and 3pm or 10am and 4pm. Holiday programs and additional days and hours, beyond those covered by the client's funding, are available for a fee.

Community Participation at Minimbah caters to young adults and school leavers with moderate, high, very high or exceptional support needs. People with physical or sensory disabilities, autism or psychiatric disability, in addition to an intellectual disability are also welcome in the program.

Community Participation is conducted by qualified and experienced staff under the direction of Minimbah Management.

We work with each client, their family and carers to identify personal goals for engagement in the program. The program provides opportunities to participate in flexible day programs and activities that meet

individual's goals, health and activity levels, life stage, interests and changing support needs.

The particular focus is on:

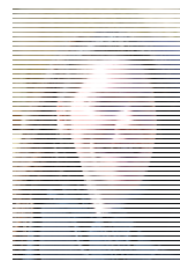
- Activities relevant to the individual needs, interests and choices of the client.
- Personal care to the full extent required by each individual.

The Minimbah program provides Community Participation clients with the opportunity to mix with other adults of all ages, from school leavers to people reaching retirement.

**Find out more about Minimbah:**

See our website:  
[www.minimbah.org.au](http://www.minimbah.org.au)

Arrange to visit our premises and meet with staff 02 9887 2299



**Enquiries about placements at Minimbah should be directed to the Development Coordinator on 02 9887 2299.**