

Minimbah programs include client preferences from a mix of “My Choice” activities:

Physical fitness

Music and the Arts

Outdoor Adventures

Cooking and Eating

Skills Development

Leisure and Recreation

Social Interaction

Community Engagement

Other Activities of Your Choice

And support for daily routines as required to meet individual needs:

Meal times

Medication

Personal Care

Daily Communication

**BUILDING A SUSTAINABLE
COMMUNITY OF LEARNING,
ENJOYMENT AND SUPPORT FOR
PEOPLE WITH AN INTELLECTUAL
DISABILITY.**

Applying for a Placement

Interested in enrolling in a program at Minimbah?

Have, or expect to be allocated day program funding from Ageing, Disability and Home Care?

You can inquire about a place at Minimbah by contacting the Development Coordinator on 02 9887 2299.

The Development Coordinator will arrange for you to visit Minimbah and meet with staff and will also assist with your application.



Minimbah Challenge Inc.
10 Vincentia St
Marsfield NSW 2122
PO Box 1653 North Ryde 2113

Phone: 02 9887 2299
Fax: 02 9878 4564
E-mail: admin@minimbah.org.au
ABN 11 850 625 970
CFN 21669



Community participation and transition to work services for adults with an intellectual disability.



Minimbah offers our clients opportunities for learning, challenge, fun and friendship, with help to join in.

About Minimbah

Minimbah provides quality services to adults with disabilities, catering for service users who have intellectual disabilities and related support needs.

Minimbah seeks to provide every client with a quality program conducted in a safe and cheerful environment.

Minimbah has achieved 3rd party quality verification, establishing that we fully meet the requirements of the NSW Disability Service Standards.

Our commitments are to:

- **Clients** – We offer you learning, challenge, fun and friendship with help to join in.
- **Families** – Our programs and activities are flexibly designed to support you as a carer, as well as to meet the needs of your family member.
- **Professional carers** – We will work with you as partners in care to support our mutual clients.



Minimbah Programs

Minimbah offers programs to support school leavers and adults with funding in the following categories:

- **Community Participation**
- **Life Choices**
- **Active Ageing**
- **Post School Options**
- **Transition to Work.**

Very limited block funding vacancies are also available from time to time.

The programs operate for 48 weeks each year. The number of days of attendance each week depend on the client's level of funding. Hours are flexible, with most clients attending between 9am and 3pm or 10am and 4pm. Holiday programs and additional days and hours, beyond those covered by the client's funding, are available for a fee.

Each client has an individually designed program, focussing on:



- Activities relevant to individual needs, interests and choices.
- Personal care to the full extent required by each individual.
- Where appropriate, respite for parents who are continuing to care for their family member at home.

Separate brochures are available for each program. There is also a brochure setting out the processes for applying for a placement at Minimbah and for feedback and complaints.

Find out more about Minimbah:

See our website:
www.minimbah.org.au

Arrange to visit our premises and meet with staff 02 9887 2299

Enquiries about placements at Minimbah should be directed to the Development Coordinator on 02 9887 2299.