

Saturday Care Program

Saturday Care provides participants with a variety of community and centre-based recreational activities.

The annual program includes:

- Excursions to popular venues, such as zoos, farms and reptile parks
- Bush walking
- Sports carnivals
- Discos
- Drama and puppet shows
- Picnics
- Bowling
- Art and craft
- Bike riding
- Computer and Ipad activities
- Special event parades and parties (hat parades, Santa, birthday parties)
- Social and communication skills development.



Enrolling in Saturday Care

Interested in enrolling in the Saturday Care program at Minimbah?

You can inquire about a place at Minimbah by contacting the Saturday Care Coordinator on 02 9887 2299.

The Saturday Care Coordinator will assist with your application.

Find out more about Minimbah:

See our website:
www.minimbah.org.au

Arrange to visit our premises
and meet with staff 02 9887
2299

Minimbah Challenge Inc.
10 Vincentia St
Marsfield NSW 2122
PO Box 1653 North Ryde 2113

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Fax: 02 9878 4564
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Minimbah

Saturday Care



Saturday Care is a respite program for school aged young people with an intellectual disability.

About Minimbah

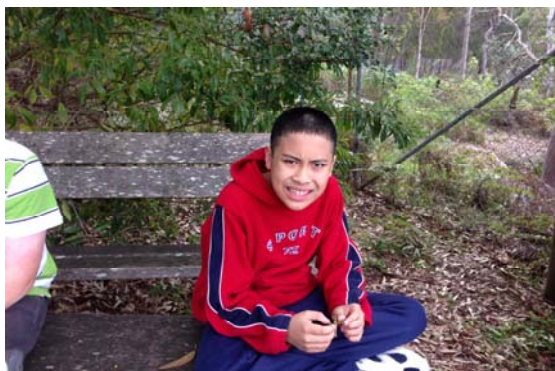
Minimbah provides quality services to children and adults with disabilities, catering for service users who have intellectual disabilities and related support needs.

Minimbah seeks to provide every client with a quality program conducted in a safe and cheerful environment.

Minimbah has achieved 3rd party quality verification, establishing that we fully meet the requirements of the NSW Disability Service Standards.

Our commitments are to:

- **Clients** – We offer you learning, challenge, fun and friendship with help to join in.
- **Families** – Our programs and activities are flexibly designed to support you as a carer, as well as to meet the needs of your family member.
- **Professional carers** – We will work with you as partners in care to support our mutual clients.



Saturday Care at Minimbah

Saturday Care is a respite and recreational program for school aged children.

The program operates on alternate Saturdays and every Saturday during the mid-year school holidays. The hours of operation are 9:30am to 4:30pm.

Saturday Care caters to young school aged people who have a moderate, severe or profound intellectual disability and need high levels of assistance with activities for daily living. Young people with physical as well as intellectual disabilities are welcome in the program.

We work with each client, their family and carers to identify personal goals for engagement in Saturday Care activities.

Saturday Care is conducted by qualified and experienced staff under the direction of Minimbah Management.

Our objectives are to:

- Provide young people with disability with a quality recreational programme in a safe and supportive environment
- Offer a wide range of community and centre based activities
- Provide respite to families to allow for time to pursue other responsibilities

The program may also assist young people with the transition to Minimbah's day programs after they leave school.

Parents have commented that they have been able to enjoy some quality time with their other children, and catching up on day to day tasks that were otherwise neglected.

The Saturday Care program is funded by the Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs.

Enquiries about Saturday Care should be directed to the Saturday Care Coordinator on 02 9887 2299.

