

# Community Inclusion Opportunities

Our qualified and experienced staff work with participants, their families and carers to identify personal goals for engagement in community inclusive activities.

Community can take on many different meanings. Communities of family, communities of friends, local communities. We believe it is important to enable people to experience inclusion in communities within which they are comfortable and which bring them the greatest joy and encouragement.

Our focus is always working with you, your family and your carers to deliver supports that best reflect and incorporate inclusion balanced with personal support and care.



## We are Minimbah

Minimbah is a values based not-for-profit organisation founded through local parent concerns. Minimbah has been providing quality care, support and learning for over 35 years to adults and children with complex intellectual disabilities.

Minimbah strives to create an atmosphere of family within the broader community. Minimbah's facilities are located in the leafy surrounds of Marsfield, Sydney.


Minimbah provides centre-based day support programs, in-community support programs and in-home support programs focussed on each person's needs and goals. Minimbah provides individual and group supports in an environment of learning, fun and dignity. Minimbah is able to offer supports seven days a week and is also able to offer in-home overnight support, as we do not provide short term or long term accommodation.

Minimbah is focussed on assisting persons of all ages.

---

For further information and enquiries, please don't hesitate to contact us

 10 Vincentia Street, Marsfield 2122

 02 9887 2299  
admin@minimbah.org.au  
www.minimbah.org.au



ndis  
REGISTERED



## Community Inclusion

Supporting participants with complex intellectual disabilities

## We are here to help

Minimbah's Community Inclusion programs provide tailored opportunities for children and adults of all ages with complex intellectual and physical disabilities.

Minimbah provides programs tailored for adults and school leavers over 18 years. Transitioning from school can be one of the most challenging processes for families and for individuals. The program provides opportunities for school leavers to experience a secure and trusting environment focussed on achieving their goals.

Minimbah offers Saturday support for school age children. For those nearing graduation our programs also assist in the transition to further develop their necessary life skills in preparation for the change.



## Engaging in Community

**Minimbah is a strong supporter of inclusiveness within our community and provides a range of activities to ensure inclusiveness at different levels according to each person's needs.**

Minimbah tailors supports for individual participants based on their needs, choices and goals. Minimbah works with other community groups who recognise and specialise in disability access to expand opportunities, e.g. Sailability, etc.

With a fleet of specially fitted vehicles we are able to engage with the broader community whether it be for coffee, shopping, bushwalking, recreational activities, farm visits or just going around the corner to visit a friend.



## Why Minimbah?

Minimbah strives to create an atmosphere of family inclusion through the involvement of parents, carers and family members joining in participant celebrations.

Minimbah works with parents and carers to foster effective and continuing communication to improve inclusion and utilise opportunities within participant NDIS Plans to improve and expand opportunities as they arise.

Minimbah provides flexibility in supports recognising family situations and varying needs of participants. We provide "after hours" support, weekend supports and evening supports.

