

## Unlocking opportunities

Minimbah staff work continuously with participants and their families to facilitate their choice and control and unlock each person's uniqueness to participate in flexible and inclusive programs and activities that meet each participant's individual goals.

Our focus is always working with you to deliver:

- activities that are relevant to individual needs, interests and choices
- personal centred care focussed on personal goals and needs
- opportunities to achieve greater independence
- inclusion in ensuring your choice and control.



## We are Minimbah

Minimbah is a values based not-for-profit organisation founded through local parent concerns. Minimbah has been providing quality care, support and learning for over 35 years to adults and children with complex intellectual disabilities.

Minimbah strives to sustain an atmosphere of family within the broader community in all we do. Minimbah's facilities are located in the leafy surrounds of Marsfield, Sydney.

Minimbah provides centre-based day support programs, in-community support programs and in-home support programs focussed on each person's needs and goals. Minimbah provides individual and group supports in an environment of learning, fun and dignity. Minimbah is able to offer supports seven days a week and is also able to offer in-home overnight support, as we do not provide short term or long term accommodation.

Minimbah is focussed on assisting persons of all ages.

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For further information and enquiries, please don't hesitate to contact us:

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www.minimbah.org.au



Minimbah



## Minimbah

Supporting participants with complex intellectual disabilities

**WE ARE HERE FOR YOU!**

## We are here to help

Minimbah is a registered provider of the Commonwealth Government's National Disability Insurance Scheme (NDIS) and is also proud to have achieved Third Party NSW Disability Services Standards quality verification.

Minimbah offers a range of programs and activities provided from our quiet and purpose built premises in Marsfield, out in the community, or in your own home.

Programs and activities include bushwalking, sailing, craft, exercise, sports, art, music, drama and much more. Minimbah recognises each person's needs and goals are different and our programs are flexible to meet these needs.



## Engaging in Community

Minimbah is a strong supporter of inclusiveness within our community and encourages a range of activities to ensure inclusiveness at different levels according to each person's needs.

Minimbah offers a range of supports and activities including:

- cooking and food skills
- social skills
- homeskills
- music, drama and the arts
- craft and hobbies
- health and fitness
- sailing
- sports
- bushwalking
- community participation
- outdoor adventures and more.



## Why Minimbah?

Minimbah strives to create an atmosphere of family in the context of our broader communities. Family is very important in the lives of our people, the way we interact with others and in Minimbah life.

- Planned person centred support
- Experienced in supporting and understanding persons with complex intellectual and physical disability needs
- Qualified, experienced staff who are super friendly and caring
- Focused on you
- Innovative
- Fun
- We listen to your needs
- We deliver supports that are flexible - in approach and time.

